Gestational Trophoblastic Neoplasia

The Unit of Gynecologic Oncology



המרכז הרפואי האוניברסיטאי סורוקה SOROKA UNIVERSITY MEDICAL CENTER



The Israeli החברה Society of הישראלית Gynecologic לגינקולוגיה Oncology אונקולוגית

- 43 years old patient
 - mother of two
 - 02/2013 : cesarean section , term , normal healthy newborn
 - Background :
 - Generally healthy
 - Family history of breast cancer
 - Sister diagnosed at the age of 31
 - BRCA1 and 2 mutation status tested just prior to pregnancy
 - 185 del AG, 6174 del T

- About two months following delivery
 - Fatigue, progressive weakness
 - Anemia (Hb = 7.4)
 - Persistent cough -> hemoptysis
 - CXR : multiple lung lesions , bilateral
- 05/2013
 - Admitted to internal medicine/pulmonology ward
 - CT of chest abdomen and pelvis
 - Multiple lung lesions, considered metastatic spread
 - no other abnormal findings
 - Tumor markers within normal limits
 - No HCG level
 - Trans vaginal US : normal findings





- Referral for gynae oncology opinion
 - On examination
 - red , firm, round mass, 3 cm on the clitoris
 - Otherwise normal gynaecologic examination
 - HCG level :> 20000 mIU/ml

The FIGO Cancer Committee Guidelines for the diagnosis of GTN

- 1. Four values or more of hCG plateaued over at least 3 weeks
- 2. An increase in hCG of 10% or greater for 3 or more values over at least 2 weeks
- 3. The histologic diagnosis of CCA
- 4. Persistence of hCG 6 months after molar evacuation / index pregnancy.

- GTN should be considered and an hCG test performed in any woman in the reproductive age group who presents with
 - abnormal uterine bleeding
 - unexplained metastatic disease
- GTN following a term or preterm gestation usually presents with uterine bleeding due to invasion of tumor, or bleeding from a metastatic site
 - Patients who develop extensive pulmonary metastases may present with dyspnea, cough, or chest pain.

Goldstein DP, Berkowitz RS, Hematol Oncol Clin N Am, 2012

What would you do next?

• 1. CT guided biopsy of the lung lesions

• 2. Excision of the vulvar mass

• 3. CNS imaging (brain MRI ?)

• 4. Plan for chemotherapy

- Gestational trophoblastic neoplasia (GTN) is a clinical diagnosis made based upon elevation of serum human chorionic gonadotropin (hCG), after a nonmolar pregnancy and other etiologies of an elevated hCG have been excluded
- Imaging findings of uterine enlargement or pathology consistent with GTN, bilateral ovarian theca lutein cysts, or metastatic disease support the diagnosis
- Unlike other solid tumors, a tissue diagnosis is not required prior to treatment
 - Risk of profuse bleeding from biopsy sites

Berkowitz RS, Goldstein DP, Horowitz NS: UpToDate, Dec 2014

UpToDate[®]

CT guided biopsy of lung lesion

On medical ward, prior to referral

No evidence of malignancy/chronic and focal acute interstitial infiltrate , intra-alveolar hemorrhage



Brain MRI

•

small right parietal mass, m/p metastatic

Next step?

- 1. Multiple agent chemotherapy

 High risk GTN
- 2. Single agent chemotherapy

 Low risk GTN
- 3. Tissue diagnosis

 Necessary for treatment
- 4. Radiotherapy to the clitoral mass

 (symptomatic)

High Risk Gestational Trophobalstic Neoplasia

- Metastases outside the lung : stage IV
- Age: 42 = 1
- Pretreatment HCG level > 10000 = 2
- Antecedent pregnancy : term = 2
- Site of metastases : brain = 4

<u>Therefore : stage IV : 9</u>

FIGO Staging of Gestational Trophoblastic Neoplasia (GTN) (GTN) and modified WHO Prognostic Scoring System as adapted by FIGO

Stage T	Disease		Risk factor	Score			
1	uterus			0	1	2	4
Stage	GTN extends outside of the uterus, but is limited to the genital structures		Age (years)	<40	≥40	-	-
ш			Antecedent pregnancy	Mole	Abortion	Term	-
			Interval (months)*	4	4 to 6	7 to 12	>12
Stage III	GTN extends to the lungs, with or without genital tract involvement		Pretreatment serum hCG (mIU/mL)	<103	10 ³ to 10 ⁴	10 ⁴ to 10 ⁵	>105
			Largest tumor (including uterus)	<3 cm	3 to 4 cm	≥5 cm	-
Stage IV	All other metastatic sites	;	Site of metastases	Lung	Spleen, kidney	GI tract	Brain, liver
The follow of th	The stage should be followed by the sum of the risk factors (eg, III:5)		Number of metastases	-	1 to 4	5 to 8	>8
(eg,			Prior failed chemotherapy	-	-	Single drug	≥2 drugs

FIGO: International Federation of Gynecology and Obstetrics; WHO: World Health Organization; hCG: human chorionic gonadotropin.

* Interval (in months) between end of antecedent pregnancy and start of chemotherapy.

Original figure modified for this publication. Berkowitz RS, Goldstein DP. Current management of gestational trophoblastic diseases. Gynecol Oncol 2009; 112:654. Table used with the permission of Elsevier Inc. All rights reserved.



What chemotherapy regimen?

- 1. EMA EP
 - Etoposide, ActD, MTX, Cisplatin
- 2. MAC
 - MTX, ActD, Chlorambucil
- 3. EMA-CO
 - Etoposide, MTX, ActD, Cyclophosphamide, Vincristine
- 4. CHAMOCA
 - MTX, ActD, Cyclophosphamide, Doxorubicine, Melphalan, Hydroxyurea, Vincristine

Combination chemotherapy for primary treatment of high risk gestational trophoblastic tumour (Review) Deng L, Zhang J, Wu T, Lawrie TA, 2012



- EMA/CO is currently the most widely used first-line combination chemotherapy for high-risk GTN
 - retrospective studies have reported primary remission rates for EMA/CO of up to 91%
 - this regimen has not been rigorously compared to other combinations such as MAC or FAV in RCTs.
- Other regimens may be associated with less acute toxicity than EMA/CO;
 - however, proper evaluation of these combinations in high-quality RCTs that include long-term surveillance for secondary cancers is required

EMA – CO 8 cycles

 Etoposide – 100 mg/m² IV over 30 minutes on days 1 and 2

• MTX – 100 mg/m² IV bolus followed by 200 mg/m² IV over 12 hours on day 1

•<u>ActD</u> – 0.5 mg IV bolus on days 1 and 2

•<u>Leucovorin</u> calcium – 15 mg orally every 12 hours for four doses, starting 24 hours after start of MTX

- •<u>Cyclophosphamide</u> 600 mg/m² IV on day 8
- •<u>Vincristine</u> 1.0 mg/m² IV on day 8

Brain Metastases

- Multidisciplinary approach
 - Surgery
 - Radiotherapy
 - Chemotherapy
 - High dose Methotrexate 1000 mg / sqm
- With appropriate management, the outlook for patients with brain metastases from high-risk gestational trophoblastic tumors is good
 - the majority of patients can achieve sustained remission and probably a cure with chemotherapy as the dominant form of treatment
 - When the tumor is sufficiently chemosensitive, the blood-brain barrier does not prevent disease elimination
 - Newlands ES, Holden L, Seckl MJ et al, J Reprod Med, 2002









05/2013

08/2013

- 08/2013
 - CT of chest, abdomen and pelvis and MRI of brain : no abnormal findings, radiologic complete response
- 08/2014
 - Free of disease
 - Had risk reducing BSO
- 01/2016
 - Contemplates IVF pregnancy – egg donation

תאריד	מדבקה	תוצאה	טווח ויחידות	
20/11/2013 13:07	15927929:	<7	mIU/mL	
21/08/2013 11:24	15924096	<7	mIU/mL	
14/08/2013 13:53	15922516	<7	mIU/mL	
07/08/2013 11:22	15922151	<7	mIU/mL	T
31/07/2013 10:30	15917792	<7	mIU/mL	T
25/07/2013 11:30	15917525:	<7	mIU/mL	
17/07/2013 09:50	15917124	<7	mIU/mL	
10/07/2013 09:55	15879764	7.0	mIU/mL	
03/07/2013 11:23	15879381	9.8	mIU/mL	
26/06/2013 10:38	15878999	20.3	mIU/mL	T
19/06/2013 12:11	15878629	47.6	mIU/mL	T
12/06/2013 11:06	15878254	135.2	mIU/mL	1
05/06/2013 14:32	15876925	348.6	mIU/mL	1
29/05/2013 11:33	15876447	1913.5	mIU/mL	1
21/05/2013 14:37	15869997	12113.7	mIU/mL	
16/05/2013 10:55	15869713	19614.9	mIU/mL	
12/05/2013 08:43	15869449	20676.8	mIU/mL	
06/05/2013 11:33	15869175	18759.2	mIU/mL	
05/05/2013 11:45	15869100	20367.5	mIU/mL	

Thank you



Tri & live better